Orthogonal matrices and orthonormal lists

Definition 23.1: Let A be an $n \times n$ matrix. We say that A is an *orthogonal matrix* if $A^T A = I_n$, or equivalently A is invertible and $A^{-1} = A^T$.

Definition 23.2: Let v_1, \ldots, v_r be a list of r vectors in \mathbb{R}^n . We say that this list is *orthonormal* if $v_i \cdot v_i = 1$ for all i, and $v_i \cdot v_j = 0$ whenever i and j are different.

Proposition 23.4: Any orthonormal list of length n in \mathbb{R}^n is a basis.

Proof: Let v_1, \ldots, v_n be an orthonormal list of length *n*. Suppose we have a linear relation $\sum_{i=1}^n \lambda_i v_i = 0$. We can take the dot product of both sides with v_p to get $\sum_{i=1}^n \lambda_i (v_i \cdot v_p) = 0$. Most of the terms $v_i \cdot v_p$ are zero, because $v_i \cdot v_j = 0$ whenever $i \neq j$. After dropping the terms where $i \neq p$, we are left with $\lambda_p(v_p \cdot v_p) = 0$. Here $v_p \cdot v_p = 1$ (by the definition of orthonormality) so $\lambda_p = 0$. This works for all *p*, so our linear relation is the trivial one. This proves that the list v_1, \ldots, v_n is linearly independent. A linearly independent list of *n* vectors in \mathbb{R}^n is automatically a basis by Proposition 10.12.

Orthogonal matrices and orthonormal lists

Proposition 23.5: Let A be an $n \times n$ matrix. Then A is an orthogonal matrix if and only if the columns of A form an orthonormal list.

Proof.

By definition, A is orthogonal if and only if A^T is an inverse for A, or in other words $A^T A = I_n$. Let the columns of A be v_1, \ldots, v_n . Then

$$A^{T}A = \begin{bmatrix} \underbrace{v_{1}^{T}} \\ \vdots \\ \hline v_{n}^{T} \end{bmatrix} \begin{bmatrix} v_{1} & \cdots & v_{n} \end{bmatrix} = \begin{bmatrix} v_{1}.v_{1} & \cdots & v_{1}.v_{n} \\ \vdots & \ddots & \vdots \\ v_{n}.v_{1} & \cdots & v_{n}.v_{n} \end{bmatrix}$$

In other words, the entry in the (i, j) position in $A^T A$ is just the dot product $v_i \cdot v_j$. For $A^T A$ to be the identity we need the diagonal entries $v_i \cdot v_i$ to be one, and the off-diagonal entries $v_i \cdot v_j$ (with $i \neq j$) to be zero. This means precisely that the list v_1, \ldots, v_n is orthonormal.

Symmetric matrices

Definition 23.6: Let A be an $n \times n$ matrix, with entries a_{ij} . We say that A is symmetric if $A^T = A$, or equivalently $a_{ij} = a_{ji}$ for all i and j.

Example: A 4×4 matrix is symmetric if and only if it has the form

а	Ь	С	d	
Ь	е	f	g	
с	f	h	i	•
d	g	i	j	

Example: The matrices A and B are symmetric, but C and D are not.

Lemma 23.9: Let A be an $n \times n$ matrix, and let u and v be vectors in \mathbb{R}^n . Then $u.(Av) = (A^T u).v$. Thus, if A is symmetric then u.(Av) = (Au).v.

Proof.

Put $p = A^T u$ and q = Av, so the claim is that u.q = p.v. By the definition of matrix multiplication, we have $q_i = \sum_j A_{ij}v_j$, so $u.q = \sum_i u_i q_i = \sum_{i,j} u_i A_{ij}v_j$. Similarly, we have $p_j = \sum_i (A^T)_{ji}u_i$, but $(A^T)_{ji} = A_{ij}$ so $p_j = \sum_i u_i A_{ij}$. It follows that $p.v = \sum_j p_j v_j = \sum_{i,j} u_i A_{ij}v_j$, which is the same as u.q, as claimed.

Alternatively: for $x, y \in \mathbb{R}^n$ the dot product x.y is the matrix product x^Ty . Thus $(Au).v = (Au)^T v$, but $(Au)^T = u^T A^T$ (by Proposition 3.4) so $(Au).v = u^T (A^T v) = u.(A^T v)$.

Eigenvalues of symmetric matrices

Proposition 23.10: Let A be an $n \times n$ symmetric matrix (with real entries).

- (a) All eigenvalues of A are real numbers.
- (b) If u and v are (real) eigenvectors for A with distinct eigenvalues, then u and v are orthogonal.

Proof of (b): Suppose that u and v are eigenvectors of A with distinct eigenvalues, say λ and μ . This means that

$$Au = \lambda u$$
 $Av = \mu v$ $\lambda \neq \mu$.

As A is symmetric we have (Au).v = u.(Av). As $Au = \lambda u$ and $Av = \mu v$ this becomes $\lambda u.v = \mu u.v$. Rearrange to get $(\lambda - \mu)u.v = 0$. As $\lambda \neq \mu$ we can divide by $\lambda - \mu$ to get u.v = 0, which means that μ and v are orthogonal.

Eigenvalues of symmetric matrices

Proposition 23.10: Let A be an $n \times n$ symmetric matrix (with real entries).

- (a) All eigenvalues of A are real numbers.
- (b) If u and v are (real) eigenvectors for A with distinct eigenvalues, then u and v are orthogonal.

Proof of (a): Let $\lambda = \alpha + i\beta$ be a complex eigenvalue of A ($\alpha, \beta \in \mathbb{R}$). We must show that $\beta = 0$, so that λ is actually a real number. As λ is an eigenvalue, there is a nonzero vector u with $Au = \lambda u$. Let $v, w \in \mathbb{R}^n$ be the real and imaginary parts of u, so u = v + iw.

$$Av + iAw = A(v + iw) = Au = \lambda u = (\alpha + i\beta)(v + iw) = (\alpha v - \beta w) + i(\beta v + \alpha w).$$

As the entries in A are real, we see that the vectors Av and Aw are real. Compare real and imaginary parts to get

> $Av = \alpha v - \beta w \qquad Aw = \beta v + \alpha w$ (Av).w = \alpha v.w - \beta w.w v.(Aw) = \beta v.v + \alpha v.w.

However, A is symmetric, so (Av).w = v.(Aw) by Lemma 23.9. Rearrange to get $\beta(v.v + w.w) = 0$ or $\beta(||v||^2 + ||w||^2) = 0$. By assumption $u \neq 0$ so $(v \neq 0$ or $w \neq 0)$ so $||v||^2 + ||w||^2 > 0$. Divide by this to get $\beta = 0$ and $\lambda = \alpha \in \mathbb{R}$ as claimed.

Alternative proof for 2×2 matrices

A 2×2 symmetric matrix has the form

$$A = \begin{bmatrix} a & b \\ b & d \end{bmatrix} \qquad \text{so} \qquad A - tI_2 = \begin{bmatrix} a - t & b \\ b & d - t \end{bmatrix}$$

so

$$\chi_A(t) = (a-t)(d-t) - b^2 = t^2 - (a+d)t + (ad-b^2).$$

The eigenvalues are

$$\lambda = rac{\mathsf{a} + \mathsf{d} \pm \sqrt{(\mathsf{a} + \mathsf{d})^2 - 4(\mathsf{a}\mathsf{d} - b^2)}}{2}.$$

The expression under the square root is

$$(a+d)^{2} - 4(ad - b^{2}) = a^{2} + 2ad + d^{2} - 4ad + 4b^{2}$$
$$= a^{2} - 2ad + d^{2} + 4b^{2}$$
$$= (a-d)^{2} + (2b)^{2}.$$

This is the sum of two squares, so it is nonnegative, so the square root is real, so the two eigenvalues are both real.

Proposition 23.12: Let A be an $n \times n$ symmetric matrix. Then there is an orthonormal basis for \mathbb{R}^n consisting of eigenvectors for A.

Partial proof.

We will show that the Theorem holds whenever A has n distinct eigenvalues. In fact it is true even without that assumption, but the proof is harder.

Let the eigenvalues of A be $\lambda_1, \ldots, \lambda_n$ (so $\lambda_i \in \mathbb{R}$). For each *i* we choose a (real) eigenvector u_i of eigenvalue λ_i . As u_i is an eigenvector we have $u_i \neq 0$ and so $u_i \cdot u_i > 0$ so we can define $v_i = u_i / \sqrt{u_i \cdot u_i}$. This is just a real number times u_i , so it is again an eigenvector of eigenvalue λ_i . It satisfies $v_i \cdot v_i = \frac{u_i \cdot \hat{u}_i}{\sqrt{u_i \cdot u_i} \sqrt{u_i \cdot u_i}} = 1$ (so it is a unit vector). Proposition 23.10(b): eigenvectors of a symmetric matrix with distinct eigenvalues are orthogonal. Thus $v_i \cdot v_i = 0$ for $i \neq j$. This shows that the sequence v_1, \ldots, v_n is orthonormal. Proposition 23.4: any orthonormal list of length n in \mathbb{R}^n is a basis. Proposition 13.22: any *n* eigenvectors in \mathbb{R}^n with distinct eigenvalues form a basis.

Either of these results implies that v_1, \ldots, v_n is a basis.

Orthonormal eigenvector example

	Γ1	1	1	1	1]
	1	1	1	1	1
Consider the symmetric matrix $A =$	1	1	1	1	1
	1	1	1	1	1
	1	1	1	1	1
(which appeared on one of the proble	m	choc	+c)	and	the vect

(which appeared on one of the problem sheets) and the vectors

	[1]	[[1]	[1]	[1]	[1]
	-1	0	0	0	1
$u_1 =$	0	$u_2 = -1 $	$u_3 = 0$	$u_4 = 0$	$u_5 = 1 $
	0	0	$\left -1\right $	0	1
	0	L o J	[o]	$\lfloor -1 \rfloor$	[1]

These satisfy $Au_1 = Au_2 = Au_3 = Au_4 = 0$ and $Au_5 = 5u_5$. so they are eigenvectors of eigenvalues $\lambda_1 = \lambda_2 = \lambda_3 = \lambda_4 = 0$ and $\lambda_5 = 5$. Because λ_5 is different from $\lambda_1, \ldots, \lambda_4$. Proposition 23.10(b) tells us that u_5 must be orthogonal to u_1, \ldots, u_4 , and indeed it is easy to see directly that $u_1.u_5 = \cdots = u_4.u_5 = 0$. However, the eigenvectors u_1, \ldots, u_4 all share the same eigenvalue so there is no reason for them to be orthogonal and in fact they are not.

Our special case is the usual case

Let A be an $n \times n$ symmetric matrix again. The characteristic polynomial $\chi_A(t)$ has degree n, so by well-known properties of polynomials it can be factored as

$$\chi_{A}(t) = \prod_{i=1}^{n} (\lambda_{i} - t)$$

for some complex numbers $\lambda_1, \ldots, \lambda_n$.

By Proposition 23.10(a) these eigenvalues λ_i are in fact all real.

Some of them might be the same, but that would be a concidence which could only happen if the matrix A was very simple or had some kind of hidden symmetry.

Thus, our proof of Proposition 23.12 covers almost all cases (but some of the cases that are not covered are the most interesting ones).

Orthonormal eigenvector example

$u_1 =$	$\begin{bmatrix} 1\\ -1\\ 0\\ 0\\ 0 \end{bmatrix}$	$u_2 = \begin{bmatrix} 1\\0\\-1\\0\\0 \end{bmatrix}$	$u_3 = \begin{bmatrix} 1\\0\\0\\-1\\0 \end{bmatrix}$	$u_4 = \begin{bmatrix} 1\\0\\0\\-1 \end{bmatrix}$	$u_5 = egin{bmatrix} 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{bmatrix}.$
— .		[°]			L-J

These satisfy $Au_1 = Au_2 = Au_3 = Au_4 = 0$ and $Au_5 = 5u_5$.

The vectors u_1, \ldots, u_4 are not orthogonal:

 $u_1.u_2 = u_1.u_3 = u_1.u_4 = u_2.u_3 = u_2.u_4 = u_3.u_4 = 1.$

However, it is possible to choose a different basis of eigenvectors where all the eigenvectors are orthogonal to each other. One such choice is as follows:

$$v_{1} = \begin{bmatrix} 1\\ -1\\ 0\\ 0\\ 0 \end{bmatrix} \qquad v_{2} = \begin{bmatrix} 1\\ 1\\ -2\\ 0\\ 0 \end{bmatrix} \qquad v_{3} = \begin{bmatrix} 1\\ 1\\ 1\\ -3\\ 0 \end{bmatrix} \qquad v_{4} = \begin{bmatrix} 1\\ 1\\ 1\\ 1\\ -4 \end{bmatrix} \qquad v_{5} = \begin{bmatrix} 1\\ 1\\ 1\\ 1\\ 1\\ 1 \end{bmatrix}$$

It is easy to check directly that $Av_1 = Av_2 = Av_3 = Av_4 = 0$ $Av_{5} = 5v_{5}$

so the v_i are eigenvectors and are orthogonal to each other.

$$v_{1} = \begin{bmatrix} 1\\ -1\\ 0\\ 0\\ 0 \end{bmatrix} \qquad v_{2} = \begin{bmatrix} 1\\ 1\\ -2\\ 0\\ 0 \end{bmatrix} \qquad v_{3} = \begin{bmatrix} 1\\ 1\\ 1\\ -3\\ 0 \end{bmatrix} \qquad v_{4} = \begin{bmatrix} 1\\ 1\\ 1\\ 1\\ -4 \end{bmatrix} \qquad v_{5} = \begin{bmatrix} 1\\ 1\\ 1\\ 1\\ 1\\ 1 \end{bmatrix}$$

These satisfy $Av_1 = Av_2 = Av_3 = Av_4 = 0$ and $Av_5 = 5v_5$, and they are orthogonal to each other.

However, the list v_1, \ldots, v_5 is not orthonormal, because

 $v_1.v_1 = 2$ $v_2.v_2 = 6$ $v_3.v_3 = 12$ $v_4.v_4 = 20$ $v_5.v_5 = 5.$

This is easily fixed: if we put

$$w_1 = \frac{v_1}{\sqrt{2}}$$
 $w_2 = \frac{v_2}{\sqrt{6}}$ $w_3 = \frac{v_3}{\sqrt{12}}$ $w_4 = \frac{v_4}{\sqrt{20}}$ $w_5 = \frac{v_5}{\sqrt{5}}$

then w_1, \ldots, w_5 is an orthonormal basis for \mathbb{R}^5 consisting of eigenvectors for A.

Orthogonal diagonalisation of symmetric matrices

Corollary 23.15: Let A be an $n \times n$ symmetric matrix. Then there is an orthogonal matrix U and a diagonal matrix D such that $A = UDU^{T} = UDU^{-1}$.

Proof.

Choose an orthonormal basis of eigenvectors u_1, \ldots, u_n , and let λ_i be the eigenvalue of u_i .

Put $U = [u_1 | \cdots | u_n]$ and $D = \text{diag}(\lambda_1, \dots, \lambda_n)$.

Proposition 14.4 tells us that $U^{-1}AU = D$ and so $A = UDU^{-1}$.

Proposition 23.5 tells us that U is an orthogonal matrix, so $U^{-1} = U^T$.

Example of orthogonal diagonalisation

Let A be the 5 \times 5 matrix in which every entry is one, as in Example 23.14. Following the prescription in the above proof, we put

	[1/√2	$1/\sqrt{6}$	$1/\sqrt{12}$	$1/\sqrt{20}$	1/√57		Го	0	0	0	0]	
	$-1/\sqrt{2}$	$1/\sqrt{6}$	$1/\sqrt{12}$	$1/\sqrt{20}$	$1/\sqrt{5}$		0	0	0	0	0	
U =	0	$-2/\sqrt{6}$	$1/\sqrt{12}$	$1/\sqrt{20}$	$1/\sqrt{5}$	D =	0	0	0	0	0	
	0	0	$-3/\sqrt{12}$	$1/\sqrt{20}$	$1/\sqrt{5}$		0	0	0	0	0	
	Lo	0	0	$-4/\sqrt{20}$	$1/\sqrt{5}$		Γo	0	0	0	5	

The general theory tells us that $A = UDU^{T}$. We can check this directly:

UD = *********	* * * *	* * * *	* * * *	$ \begin{array}{c} 1/\sqrt{5} \\ 1/\sqrt{5} \\ 1/\sqrt{5} \\ 1/\sqrt{5} \\ 1/\sqrt{5} \\ 1/\sqrt{5} \\ 1/\sqrt{5} \end{array} \begin{bmatrix} 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \end{bmatrix} $	0 0 0 0 0 0 0 0 0 0	$\begin{bmatrix} 0 & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & 0 \\ 0 & 5 \end{bmatrix}$	$= \begin{bmatrix} 0\\0\\0\\0\\0\\0\end{bmatrix}$	0 0 0 0 0 0 0 0 0 0	0 0 0 0	$\sqrt{5}$ $\sqrt{5}$ $\sqrt{5}$ $\sqrt{5}$ $\sqrt{5}$			
$UDU^{T} = \begin{bmatrix} 0\\0\\0\\0\\0\\0 \end{bmatrix}$	0 0 0 0	0 0 0 0	0 0 0 0	$ \begin{array}{c} \sqrt{5} \\ \sqrt{5} \\ \sqrt{5} \\ \sqrt{5} \\ \sqrt{5} \\ \sqrt{5} \end{array} \right] \left[\begin{array}{c} * \\ * \\ * \\ * \\ 1/\sqrt{5} \end{array} \right] $	* * * 1/√5	* * * 1/√5	$* \\ * \\ * \\ * \\ 1/\sqrt{5}$		=	$\begin{bmatrix} 1 & 1 \\ 1 & 1 \\ 1 & 1 \\ 1 & 1 \\ 1 & 1 \\ 1 & 1 \end{bmatrix}$	1 1 1 1 1	1 1 1 1	$\begin{bmatrix} 1\\1\\1\\1\\1\end{bmatrix} = A.$

Example of orthogonal diagonalisation

Write $\rho = \sqrt{3}$ for brevity (so $\rho^2 = 3$), and consider the symmetric matrix

$$A = \begin{bmatrix} 0 & 1 & \rho \\ 1 & 0 & -\rho \\ \rho & -\rho & 0 \end{bmatrix}.$$

The characteristic polynomial is

$$\chi_A(t) = \det \begin{bmatrix} -t & 1 & \rho \\ 1 & -t & -\rho \\ \rho & -\rho & -t \end{bmatrix}$$

= $-t \det \begin{bmatrix} -t & -\rho \\ -\rho & -t \end{bmatrix} - \det \begin{bmatrix} 1 & -\rho \\ \rho & -t \end{bmatrix} + \rho \det \begin{bmatrix} 1 & -t \\ \rho & -\rho \end{bmatrix}$
= $-t(t^2 - \rho^2) - (-t + \rho^2) + \rho(-\rho + t\rho) = -t^3 + 3t + t - 3 - 3 + 3t$
= $-t^3 + 7t - 6 = -(t - 1)(t - 2)(t + 3).$

It follows that the eigenvalues are $\lambda_1 = 1$, $\lambda_2 = 2$ and $\lambda_3 = -3$.

Example of orthogonal diagonalisation

$$\rho = \sqrt{3} \qquad A = \begin{bmatrix} 0 & 1 & \rho \\ 1 & 0 & -\rho \\ \rho & -\rho & 0 \end{bmatrix} \qquad \begin{array}{c} \lambda_1 & = 1 \\ \lambda_2 & = 2 \\ \lambda_3 & = -3 \end{array}$$

Eigenvectors can be found by row-reduction:

$$\begin{aligned} A - I &= \begin{bmatrix} -1 & 1 & \rho \\ 1 & -1 & -\rho \\ \rho & -\rho & -1 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & -1 & -\rho \\ 0 & 0 & 2 \\ 0 & 0 & 0 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & -1 & 0 \\ 0 & 0 & 1 \\ 0 & 0 & 0 \end{bmatrix} \\ A - 2I &= \begin{bmatrix} -2 & 1 & \rho \\ 1 & -2 & -\rho \\ \rho & -\rho & -2 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & -2 & -\rho \\ 0 & -3 & -\rho \\ 0 & \rho & 1 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & 0 & -\rho/3 \\ 0 & 1 & \rho/3 \\ 0 & 0 & 0 \end{bmatrix} \\ A + 3I &= \begin{bmatrix} 3 & 1 & \rho \\ 1 & 3 & -\rho \\ \rho & -\rho & 3 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & 3 & -\rho \\ 0 & -8 & 4\rho \\ 0 & -4\rho & 6 \end{bmatrix} \rightarrow \begin{bmatrix} 1 & 0 & \rho/2 \\ 0 & 1 & -\rho/2 \\ 0 & 1 & -\rho/2 \\ 0 & 0 & 0 \end{bmatrix} \end{aligned}$$

From this we can read off the following eigenvectors:

	[1]		[ρ/3]		$\left[-\rho/2\right]$	
$u_1 =$	1	$u_2 =$	- ho/3	$u_3 =$	$\rho/2$	
	[0]		1		1	

Example of orthogonal diagonalisation

λ_1	=1	$\left[1/\sqrt{2}\right]$	$\left\lceil 1/\sqrt{5} \right\rceil$	$\left[-\sqrt{3/10}\right]$
λ_2	= 2	$v_1 = 1/\sqrt{2}$	$v_2 = \left -1/\sqrt{5} \right $	$v_3 = \sqrt{3/10} $.
λ_3	= -3		$\left\lfloor \sqrt{3/5} \right\rfloor$	$\sqrt{2/5}$

The eigenvectors v_i form orthonormal basis for \mathbb{R}^3 .

It follows that if we put

$$U = \begin{bmatrix} 1/\sqrt{2} & 1/\sqrt{5} & -\sqrt{3/10} \\ 1/\sqrt{2} & -1/\sqrt{5} & \sqrt{3/10} \\ 0 & \sqrt{3/5} & \sqrt{2/5} \end{bmatrix} \qquad \qquad D = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 2 & 0 \\ 0 & 0 & -3 \end{bmatrix}$$

then U is an orthogonal matrix and $A = UDU^{T}$.

Example of orthogonal diagonalisation

$$\begin{array}{ll} \lambda_1 &= 1 \\ \lambda_2 &= 2 \\ \lambda_3 &= -3 \end{array} \qquad \qquad u_1 = \begin{bmatrix} 1 \\ 1 \\ 0 \end{bmatrix} \qquad u_2 = \begin{bmatrix} \rho/3 \\ -\rho/3 \\ 1 \end{bmatrix} \qquad u_3 = \begin{bmatrix} -\rho/2 \\ \rho/2 \\ 1 \end{bmatrix}$$

Because the matrix A is symmetric and the eigenvalues are distinct, it is automatic that the eigenvectors u_i are orthogonal to each other. However, they are not normalised: instead we have

$$u_1.u_1 = 1^2 + 1^2 = 2$$

$$u_2.u_2 = (\rho/3)^2 + (-\rho/3)^2 + 1^2 = 1/3 + 1/3 + 1 = 5/3$$

$$u_3.u_3 = (-\rho/2)^2 + (\rho/2)^2 + 1^2 = 3/4 + 3/4 + 1 = 5/2.$$

The vectors $v_i = u_i / \sqrt{u_i \cdot u_i}$ form an orthonormal basis of eigenvectors. Explicitly, this works out as follows:

$$v_1 = \begin{bmatrix} 1/\sqrt{2} \\ 1/\sqrt{2} \\ 0 \end{bmatrix} \qquad v_2 = \begin{bmatrix} 1/\sqrt{5} \\ -1/\sqrt{5} \\ \sqrt{3/5} \end{bmatrix} \qquad v_3 = \begin{bmatrix} -\sqrt{3/10} \\ \sqrt{3/10} \\ \sqrt{2/5} \end{bmatrix}.$$

Square roots of positive matrices

Corollary 23.18: Let A be an $n \times n$ real symmetric matrix, and suppose that all the eigenvalues of A are positive. Then there is a real symmetric matrix B such that $A = B^2$.

Proof.

Choose an orthonormal basis of eigenvectors u_1, \ldots, u_n , and let λ_i be the eigenvalue of u_i . Put $U = [u_1|\cdots|u_n]$ and $D = \text{diag}(\lambda_1, \ldots, \lambda_n)$. We saw in Corollary 23.15 that U is orthogonal (so $U^T U = I = UU^T$) and that $A = UDU^T$.

By assumption the eigenvectors λ_i are positive, so we have a real diagonal matrix $E = \text{diag}(\sqrt{\lambda_1}, \dots, \sqrt{\lambda_n})$. Put $B = UEU^T$. It is clear that $E^T = E$, and it follows that

$$B^{\mathsf{T}} = (UEU^{\mathsf{T}})^{\mathsf{T}} = U^{\mathsf{T}\mathsf{T}}E^{\mathsf{T}}U^{\mathsf{T}} = UEU^{\mathsf{T}} = B.$$

We also have

$$B^{2} = UEU^{T}UEU^{T} = UEEU^{T} = UDU^{T} = A$$